

## Recreational (individual/small group) activity list 2023/24

For most up to date information please check Essex Sport Website or contact reception desk on 01206 873250

Recreational Bookings of all facilities below are available at no extra cost to all Essex Sport members (Gold, Silver & Bronze). Members and non-member guests can join an existing booking, providing the maximum number of people on court does not exceed the set limit. You must provide your own playing equipment (e.g. balls/rackets). Alternatively, limited amount of equipment is available for purchase at the Sports Centre reception desk. Bookings can be made using the Essex Sport App, online or at the Sports Centre Reception desk.

| Sport/Activity    | Max people attending | Facility used per booking                      | Duration               | Location          | Price for non-member adult | Price for non-member junior | Price for non-member guest (joining a member's session) |
|-------------------|----------------------|--|------------------------|-------------------|----------------------------|-----------------------------|---|
| Badminton         | 4                    | 1 badminton court                              | 55 minutes             | Sports Hall/Arena | £11.00                     | £5.50                       | £2.75   |
| Basketball        | 4                    | 1 hoop using 1 badminton court                 | 55 minutes             | Sports Hall       | £11.00                     | £5.50                       | £2.75   |
|                   | 8                    | 1 hoop using 2 badminton courts                | 55 minutes             | Sports Hall/Arena | £22.00                     | £11.00                      | £2.75   |
| Squash            | 4                    | 1 squash court                                 | 55 minutes             | Squash Courts     | £10.00                     | £5.00                       | £2.75   |
| Tennis            | 4                    | 1 tennis court                                 | 55 minutes             | Tennis Courts     | £8.00                      | £4.00                       | £2.75   |
| Table Tennis      | 4                    | 1 court  | 55 minutes             | Sports Hall/Arena | £9.00                      | £4.50                       | £2.75   |
| Frisbee/Disc Golf | n/a                  | Course map can be found on the Essex Sport app | Duration of the course | Campus            | £5.50                      | £5.50                       | n/a   |

|                   | Members                | Non-member price per person per session |        |            |        |                           |
|-------------------|------------------------|---|--------|------------|--------|---------------------------|
|                   |                        | Student                                 | Staff  | Concession | Public | Junior (under 18 y.o.)    |
| Gym Session       | Included (Gold/Silver) | £9.00                                   | £9.00  | £9.00      | £9.00  | £4.50                     |
| Fitness Class     | Included (Gold/Silver) | £4.00                                   | £5.00  | £5.50      | £6.00  | £3.00 (only juniors 16+)  |
| Climbing Session  | Included               | £4.00                                   | £5.00  | £5.50      | £6.00  | £3.00 (only juniors 16+)  |
| Personal Training |                        | £33.00                                  | £33.00 | £33.00     | £33.00 | £33.00 (only juniors 16+) |